

JULY MENU

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY			
2		3		4		5		6		7		8			
Breakfast	Cantaloupe & Cottage Cheese	Breakfast	French Toast	Breakfast	Cheesy Grits	Breakfast	Cinnamon Rolls	Breakfast	Local Hancock Scrapple	Breakfast	Assorted Muffins	Breakfast	Breakfast Scone		
Lunch	Far Eastern Chicken & Rice Soup Bologna & Cheese Pocket Cucumber Salad Pulled Chicken & Kale Salad Yogurt Parfait	Lunch	Cream of Potato & Broccoli Cheesy Chili Mac Cornbread Cucumber Tomato Salad Peach Scone	Lunch	Cheesy Beef Soup Chicken Salad Sandwich Red Bliss Potato Salad Julienne Salad w/ Cottage Chs. Rice Krispie Treat	Lunch	Beef Vegetable Soup Fish & Chips Steak Fries Egg Caesar Salad Butterscotch Pudding	Lunch	Cream of Broccoli Soup Tuna Casserole Steamed Peas Chopped Salad Yogurt Parfait	Lunch	Turkey Vegetable Soup Grilled Ham Swiss Tomato Onion Rings Chicken Caesar Salad Ice Cream	Lunch	Tomato Bisque Roast Beef Mushroom Melt Peas & Carrots Flaked Salmon Greek Salad Choc. Chip Banana Bread		
Dinner	Meat Marinara Blackened Tilapia Roasted Red Potatoes Garlic Butter Broccoli Pecan Pie	Dinner	Braised Chicken Breast Steamed Shrimp w/ Cocktail S. Corn Pudding Buttered Cabbage Rice Pudding	Dinner	Pulled Beef BBQ Honey BBQ Chicken Breast Tangy Baked Beans Chopped Coleslaw Patriotic Cupcake	Dinner	Country Fried Steak Citrus Shrimp Taco Salad Garlic Mashed Potatoes Sweet Corn Trio Turtle Cake	Dinner	Turkey Breast w/ Asparagus S. Cornmeal Crusted Salmon Potatoes Au Gratin Glazed Carrots & Onions NY Style Cheesecake	Dinner	Swedish Meatballs Shrimp Pomodoro Sauce Herb Egg Noodles Steamed Snow Peas Cream Puffs	Dinner	Baked Pork Chop w/ Apple Dijon Chicken Parsley Potatoes Mixed Vegetable Medley Apple Cobbler		
9		10		11		12		13		14		15			
Breakfast	Sausage Gravy & Biscuits	Breakfast	Breakfast Scone	Breakfast	Corned Beef Hash	Breakfast	Assorted Danish	Breakfast	Hash Browns	Breakfast	Belgium Waffles	Breakfast	Broccoli & Ham Casserole		
Lunch	Cream of Potato & Bacon	Lunch	Cream of Chicken & Veg. Soup Hawaiian Pizza Flatbread Side Garden Salad Cobb Salad Fruit Compote	Lunch	Beef Vegetable Soup Egg Salad Sandwich Old Bay Seasoned Fries Chicken & Spinach Salad Lemon Blueberry Poundcake	Lunch	Ham & Navy Bean Soup Turkey Tomato Ranch Wrap Chopped Coleslaw Strawberry Walnut Salad Chocolate Milkshake	Lunch	Italian Chicken & Veg Soup Steak Fajitas Refried Beans Corn & Bean Salad Mexican Wedding Cookies	Lunch	Creamy Turkey Veg. Soup Italian Cold Cut Sub Pasta Salad Greek Salad Chocolate Brownie	Lunch	Minnestrone Soup Beef & Cheddar Patty Melt Seasoned Fries Bleu Chs. & Watermelon Salad Fruit Scone		
Dinner	Shrimp Alfredo Chicken Pot Pie Roasted Broccoli Boston Cream Pie	Dinner	Beef Pot Roast Herb Butter Tilapia Black Pepper & Parm. Potatoes Mushrooms & String Beans Ice Cream Sundae	Dinner	Sliced Ham w/ Pineapple Glaze Chef's Sautéed Shrimp Sweet Potato Mash Fresh Steamed Kale & Cabbage Cherry Biscuit Bake	Dinner	Grilled Mahi w/ Avocado Oven Baked Chicken Seasoned Herb Rice Prince Edward Vegetables Spice Cake	Dinner	Mini Meatloaf Turkey Marsala w/ Mushroom Baked Mac & Cheese Buttered Peas & Carrots Cannoli	Dinner	Sliced Chicken & Summer Veg. Shrimp Florentine New Dill Potatoes Fresh Marinated Tomatoes Yellow Cake	Dinner	Tempura Fried Flounder Brown Sugar & Herb Pork Loin Roasted Garlic Mashed Potatoes Broccoli, Cauliflower & Carrots Sweet Potato Pie		
16		17		18		19		20		21		22			
Breakfast	Western Omelette	Breakfast	Potato & Cheese Pierogis	Breakfast	Sausage Breakfast Burrito	Breakfast	Crepes w/ Berries	Breakfast	Homefries w/ Onion & Pepper	Breakfast	French Toast	Breakfast	Blueberry Pancakes		
Lunch	Southwest Pork Soup French Bread Pepperoni Pizza Mixed Olive Salad Shredded Salad w/ Basil Vinag. Pudding	Lunch	Sausage Gumbo Soup Meatball Sub Italian Pasta Salad Tuna Salad w/ Shred. Lettuce Coffee Cake	Lunch	Cream of Asparagus Eggplant Parmesan Farfalle Pasta Egg Caesar Salad Watermelon Sorbet	Lunch	Summer Vegetable & Tomato Turkey & Swiss Roll Up Curly Fries Cottage Cheese & Iceberg Fresh Baked Cookie	Lunch	Cream of Broccoli & Rice Soup BBQ Pulled Pork Sandwich BBQ Baked Beans Spinach Cobb Salad Blueberry Crumb Bar	Lunch	Beef Burgundy Soup Chicken Caesar Wrap Waffle Fries Fruit Salad w/ Cottage Cheese Pecan Ice Cream	Lunch	Beef Burgundy Soup Chicken Caesar Wrap Waffle Fries Fruit Salad w/ Cottage Cheese Pecan Ice Cream	Lunch	Chicken Noodle Soup Crabcake Sandwich Old Bay Seasoned Fries Tossed Salad Lemon Bar
Dinner	Waffles & Sausage Links Fried Catfish Red Beans & Rice Sautéed Collard Greens Pecan Pie	Dinner	Vegetable Lasagna Beef Bourguignon Sour Cream & Chive Potatoes Grilled Asparagus Fried Cheesecake	Dinner	Sweet Ginger Soy Cod w/ Nuts Pork Loin w/ Swiss Chard Roasted Sweet Potatoes Sautéed Garlic String Beans Banana Upside Down Cake	Dinner	Chicken Satay Shrimp & Black Bean Burrito Yellow Rice Steamed Broccoli Asian Pear Pie	Dinner	Sherry Rosemary Chicken Swiss Steak Buttered Parsley Egg Noodles Peas & Onions Strawberry Shortcake	Dinner	Hand Carved Top Round Baked Chicken Leg Quarter Scalloped Potatoes Balsamic & Garlic Brussel Sprout Chocolate Cake	Dinner	Hand Carved Top Round Baked Chicken Leg Quarter Scalloped Potatoes Balsamic & Garlic Brussel Sprout Chocolate Cake	Dinner	Sweet & Tangy Porkchop Shepherd's Pie Colcannon Buttered Carrots & Kale Irish Apple Cake
23		24		25		26		27		28		29			
Breakfast	Donuts	Breakfast	Cream of Wheat w/ Bananas	Breakfast	Cream Chipped Beef	Breakfast	Breakfast Quiche	Breakfast	Toasted Bagel w/ Cream Chs.	Breakfast	Cinnamon Roll	Breakfast	Grits w/ Onions & Peppers		
Lunch	French Onion Soup Herb Chicken Salad Sandwich Homemade Potato Chips Cobb Salad Citrus Poundcake	Lunch	Tomato Basil & Rice Soup Roast Beef & Gouda Wrap Potato Salad Bleu Cheese Wedge Salad Fruit Scone	Lunch	New England Clam Chowder Chicken Breast Club Sandwich Curly Fries Egg Caesar Salad Snickerdoodle Blondie	Lunch	Creamy Chicken Veg. Soup Loaded Tater Tot Stack Chopped Salad w/ Bacon Pudding Trifle	Lunch	Pork & Barley Soup Shrimp Salad Croissant Sweet Potato Fries Fruit and Spinach Salad Berry Mousse	Lunch	Steak & Potato Soup Old Fashioned Sloppy Joe Onion Rings Bleu Cheese Wedge Salad Frosted Cupcake	Lunch	Steak & Potato Soup Old Fashioned Sloppy Joe Onion Rings Bleu Cheese Wedge Salad Frosted Cupcake	Lunch	Cream of Celery & Leeks Seafood Salad Flatbread Side Garden Salad Strawberry Bacon Romaine Italian Ice
Dinner	Chicken Cacciatore Meat Marinara Buttered Penne Pasta Sautéed Broccoli Lemon Meringue Pie	Dinner	Shrimp Jambalaya Beef and Bean Enchilada Cilantro Lime Rice Grilled Zucchini & Squash Cinnamon Tortilla w/ Ice Cream	Dinner	Turkey Roulade w/ Cran. Glaze Blackened Catfish Herb Garlic Mashed Potatoes Sautéed Spinach & Cabbage NY Style Cheesecake	Dinner	Parm. Dill Crusted Salmon Open Face Cuban Pork Chop Creamy Orzo Salad Grilled Corn w/ Sweet Peppers Peach Cobbler	Dinner	Turkey Breast w/ Stuffing Salisbury Steak Herb Stuffing Green Bean Casserole Rice Pudding	Dinner	Braised Steak Tip w/ Portabell. Chicken Parmesan Lemon Basil Angel Hair Pasta Julienne Carrots & String Beans Tiramisu	Dinner	Braised Steak Tip w/ Portabell. Chicken Parmesan Lemon Basil Angel Hair Pasta Julienne Carrots & String Beans Tiramisu	Dinner	Baked Marinated Cod Moussaka Seasoned Field Peas & Onions Carrot Cake
30		31		1		2		3		4		5			
Breakfast	Canadian Bacon & Asparagus	Breakfast	Buttermilk Pancakes	Breakfast	Breakfast Sandwich	Breakfast	Spinach Omelette	Breakfast	French Toast	Breakfast	Strawberries w/ Cottage Chs.	Breakfast	Local Hancock Farm Scrapple		
Lunch	Chicken Noodle Soup Homestyle Chili Bowl Cornbread Fruit & Walnut Salad Fresh Baked Cookie	Lunch	Broccoli Cheddar Soup Pastrami & Swiss on Rye Chopped Coleslaw Chopped Salad w/ Cottage Chs. Roasted Peaches	Lunch	Chicken Corn Chowder Grilled Fish Tacos Citrus Slaw Pickled Chickpea Salad Black Raspberry Ice Cream	Lunch	Beef & Barley Soup Cheddar Turkey Burger Vegetarian Baked Beans Shrimp Caesar Salad Rice Krispie Treat	Lunch	Beef & Barley Soup Cheddar Turkey Burger Vegetarian Baked Beans Shrimp Caesar Salad Rice Krispie Treat	Lunch	Cream of Carrot & Ginger Soup Fish & Chips Steak Fries Crisp Chicken Salad Chocolate Covered Strawberry	Lunch	Summer Vegetable Soup BBQ Chicken Pizza Side Garden Salad Fruit & Field Greens Salad Banana Bread	Lunch	Pork & Wild Rice Soup Fried Shrimp Potato Salad Vinaigrette Cobb Salad Rainbow Sherbert
Dinner	Turkey a la King Fried Chicken Cauliflower Au Gratin Savory Turnip Greens Banana Split Sundae	Dinner	Garlic & Herb Pork Loin Liver & Onions Sour Cream Chive Mash Sugar Snap Peas w/ Pearl Onions Lemon Blueberry Cupcake	Dinner	Almond Crusted Tilapia Carolina Pulled Pork Wild Rice Walnuts & String Beans Apple Pie	Dinner	Sweet Green Chili Catfish Chicken Vera Cruz Simmered Black Beans Grilled Sweet Corn Sopapilla Cheesecake	Dinner	Sweet Green Chili Catfish Chicken Vera Cruz Simmered Black Beans Grilled Sweet Corn Sopapilla Cheesecake	Dinner	Standing Beef Pot Roast Broiled Flounder Twice Baked Potato Grilled Marinated Asparagus Fresh Fruit Tart	Dinner	Sweet & Sour Pork Shrimp Stirfry Fried Rice Cabbage Salad Key Lime Pie	Dinner	Ground Beef & Veal Meatloaf Chicken Marsala Buttermilk Maashed Potatoes Prince Edward Blend Vegetable Peanut Butter Pie